



Wenham Holt Nursing Home - Summer 2021 Newsletter

Dear Friends,

The Summer is nearly over, and it hasn't been a brilliant one weather wise here in the south, certainly not like last year.

We have tried to keep the garden as attractive as possible, but the weather hasn't helped. Most of the plants we brought on from plugs in the greenhouse, but the geraniums have really protested about the very wet weather we have had throughout. The garden on the middle lawn has looked particularly splendid because the shrubs we planted last year are maturing well and we have added more this year. Please do take a walk down there and see for yourselves.

We have taken the patients there in the minibus because of the slope and everyone felt they had gone on a trip!

Our trips continue on several afternoons a week, they stop and have a cup of tea in a picturesque picnic area. We have not ventured to the shops or cafes yet and with the rising infection rates we may leave that until it's safer.

The team continue with the activities programme and as always try to individually tailor the day to incorporate everyone's needs.

We continue to decorate the home in a planned way and are just about to have the remaining French doors and two windows replaced but the lead in time is very lengthy.

Many patients have enjoyed visits from friends and family either in the garden, in the visiting pod or in the patient's own room visitors are still having to take LFD tests and wear PPE.

As you are all aware, positive cases are rising in the community and we are testing ourselves every time we come on duty and have a weekly PCR test.

Unfortunately, from time-to-time staff members can test positive. If you are visiting, we will try to inform you if anyone is positive before you come but if we are unable to reach you we will tell you at the front door so you are able to make a choice about visiting or not.

Very shortly all the staff and patients are going to be offered a booster COVID-19 vaccine dose and a 'flu'vaccine dose. Both will be very welcome and well done to our doctors who continue to be excellent!

Let's hope we have a safe, peaceful Autumn and some Indian Summer weather would be welcome.

Please let us know if you would like to be involved in the care planning of your loved one and do not hesitate to make suggestions for improvements, we value your opinion.

Take care.

With best wishes from

Rosemary Dan and all the Wenham Holt Team.

