

USEFUL CONTACTS

Age UK: Advice line 0800 169 6565.

Information on issues affecting older people and their carers.

www.ageuk.org.uk

Alzheimer's Society – National Dementia Helpline: 0300 222 11 22.

Confidential advice, information and support helpline open seven days a week.

www.alzheimers.org.uk

Care Choices: 0800 389 2077.

A leading social care publisher with fully searchable website of care provision in England and Wales.

www.carechoices.co.uk

Care Quality Commission: 03000 616 161.

National organisation responsible for inspecting and regulating care services.

www.cqc.org.uk

Care Select: 0800 389 2077.

Online version of a handbook for relatives containing useful information.

www.careselect.co.uk

Dying Matters: 0800 21 44 66.

Raising awareness of dying, death and bereavement.

www.dyingmatters.org

Gov.uk.

Information portal for Government services and information.

www.gov.uk

Hampshire County Council: Adult Services.

www.hants.gov.uk

NAPA – National Association for Providers of Activities
for Older People: 01634 716 615.

Opportunities for community involvement and activity in care settings

www.napa-activities.co.uk

NCPC – National Council for Palliative Care: 020 7697 1520.

Umbrella organisation for all involved in palliative care services.

www.ncpc.org.uk

NHS Choices: Your health, your choices.

www.nhs.uk

Relatives and Residents' Association, The

Support and information to families, friends and relatives about care homes.

www.relres.org

SAGA: Care Funding Advice.

www.saga.co.uk

Society of Later Life Advisers: 0845 303 2909

Information about financial issues of later life.

www.societyoflaterlifeadvisers.co.uk

The Silver Line: Helpline 0800 470 8090

Free 24 hour helpline providing information, friendship and advice for older people.

www.thesilverline.org.uk